



**1A District 5  
Oak Hall School  
April 27<sup>th</sup>, 2024  
1700 Sw 75<sup>th</sup> Street,  
Gainesville, FL 32607**

**Contact: Dusty Smith  
dusty@b3rsports.com**

### Coaches Information

Coaches, please read over all the information provided.

#### **Before the meet**

Coaches your online entry deadline is Saturday April 20<sup>th</sup> at 11:59 p.m. on <https://www.directathletics.com/> . We will put the direct link on the 1A District 5 event page on [www.b3rsports.com](http://www.b3rsports.com) when it becomes available.

#### **Parents/ Spectators**

All parents and spectators will need to purchase their ticket on Go Fan. We will provide this link on the 1A District 5 event page on [www.b3rsports.com](http://www.b3rsports.com) when it becomes available.

#### **Awards**

The top two boys' and girls' teams will receive the champion and runner-up trophies. The top 8 individuals will receive ribbons in each event.

#### **Field Event Assignments**

We will need the following schools to help with the following field events.

G LJ/TJ	Bell/ P.K. Yonge
B LJ/TJ	Chiefland/ Hawthorne
G/B Shot	Trenton
G/B Discus	Cedar Key
G/B PV	Branford
G/B High Jump	St. Francis

#### **Jury of Appeals**

Each head coach not involved with the ruling in question is in the Jury of Appeals. A jury can only be called if there has been a mis interpretation of a rule. Judgement calls by officials are not grounds for calling a jury of appeals.

#### **Trainer**

We will have a trainer on site for injuries and medical emergencies only. The trainer is not on site to wrap your kids up or provide ice for shin splints. **MEDICAL EMERGENCIES ONLY!**

## Time Schedule

The time schedule is posted here <https://b3rsports.com/2024-fhsaa-1a-district-5/>

## Bus Parking

Buses can drop athletes off in the loop, then will be directed to where to park.

## Implement Weight in

Pole Vault will be weighed in on site. Javelin, Shot & Discus will be weighed in from 9am-noon at the Oak Hall tent located near the finish line.

## Team Tent Area

The outfield of the softball field is where team tents can be set up. No athletes in the stands or walking around the Oak Hall campus.

## Heat Sheets and Results

<https://b3rsports.com/2024-fhsaa-1a-district-5/>

Here are some points of emphasis from the FHSAA.

**Coaches Meeting 8:30 a.m.** All scratches may be made at this time without penalty. No new entries may be accepted.

Field Events (NFHS Rule 6)

**4.14.1.1.1 Standard of Measurement.** The Metric System is the standard of measurement in all FHSAA Track & Field meets. All field events shall be measured and recorded in metrics. All field event qualifying marks not measured in metrics will be seeded with no mark at the region meet.

**Sharing Implements.** Implements checked in for use in the competition shall remain the property of the individual and may not be used by the field without the consent of its owner.

**Vertical Jumps.** Vertical events should have a starting height determined and then move up in increments of 5cm for High Jump and 15cm for Pole Vault unless the winner has already been determined in which case the increment shall be at the first-place athlete's discretion.

**Events with Runways.** Competitors may not run in the non-legal direction on the runway at any time in horizontal jumps, pole vault, or javelin during warm-ups. (NFHS Rule 6-2-6).

**4.14.1.1.2 Event Regulations. Events in all track meets will be run as follows.**

(h) Javelin. Rubber tips are optional on javelins.

Running Events

**4.14.2.2.4 Advancement of Teams and Individuals**

(a) District Meet to Regional Meet.

(1) The top four (4) marks in each event at the district meet automatically qualify for the region meet.

(a) All ties resulting in more than four (4) automatic qualifiers to the state meet must be broken using appropriate NFHS tie-breaking procedures.

(i) NFHS Rule 6-3 to be applied for field events.

(ii) A run-off shall occur for running events.

(iii) Points for second place ties will be distributed according to NFHS Rules 5-8 and 6-3 as the tie-breaking procedure is for advancement only.

(b) Automatic qualifying athletes are not eligible to complete a "Declaration of Non-Consideration".

(2) The next eight (8) best marks established at sanctioned qualifying meets during the regular season in each region not automatically qualifying by place at the district meet in each event will qualify for the region meet. District meets may also be considered qualifying meets provided the meet is sanctioned and meets all requirements thereof. These qualifiers will be known as "at-large bids".

(a) The at-large qualifying bids, once announced, are final.

(b) District meet event schedules shall be determined by the district member-schools.

(c) At-large qualifiers will be announced via TFRRS Florida.

(3) The following restrictions shall apply to at-large qualification:

(a) Sprinting Events (100m Dash, 100m Hurdles, 110m Hurdles, 200m Dash, 400m Hurdles, 400m Dash, 4x100m Relay):

(i) If there is a tie that would lead to more at-large bids than available, none of those tied performances will receive at-large bids.

(ii) Anemometers (Wind Gauges) must be used at all sanctioned qualifying meets in sprint events 200m or less. Wind readings of +4.0 and greater shall not be considered for at-large advancement.

(iii) All available official data shall be used in the determination of at-large advancement.

(b) Vertical Field Events (High Jump, Pole Vault):

(i) In the case of a tie that would lead to more at-large bids than available, the tie(s) will be broken using the NFHS tie-breaking procedure for vertical jumps (misses at current height, then, if still tied, total misses in competition). If the tie cannot be broken, then all those tied that would lead to more at-large bids than available will not advance and there will be fewer at-large bids in that particular vertical jumping event.

(ii) Complete results, including misses and passes shall be recorded by the officials and timer at all sanctioned qualifying meets. Incomplete data shall not be considered for at-large advancement.

(c) Other Field Events (Long Jump, Triple Jump, Shot Put, Discuss, Javelin):

(i) Anemometers (Wind Gauges) must be used at all sanctioned qualifying meets in long jump and triple jump. Wind readings of +4.0 or greater shall not be considered for at-large advancement.

(ii) In the case of a tie that would lead to more at-large bids than available, the tie will be broken utilizing appropriate NFHS tie-breaking procedures for the respective event. If the tie cannot be broken, then all those tied that would lead to more at-large bids than available will not advance and there will be fewer at-large bids given in that particular event. Complete results, including all attempts, shall be recorded by the official timer.

- (iii) (iii) Complete results, including misses and passes shall be recorded by the official timer at all sanctioned qualifying meets. Incomplete data shall not be considered for at-large advancement. 2023-24 FHSAA Track & Field Sport Manual 7
- (d) Other Running Events (800m, 1600m, 3200m, 4x400m Relay, 4x800m Relay):
- (i) If there is a tie that would lead to more than the available at-large bids being offered, none of those tied performances will receive at-large bids.
- (ii) All available official data shall be used in the determination of at-large advancement.
- (4) Declaration of Non-Consideration. There may be a situation in which an athlete/coach does not want to be considered to receive an at-large bid. The coach must complete the "Declaration of Non-Consideration" form that will be available on Home Campus. If this form is not received by the listed deadline (located on Home Campus), then all athletes receiving at-large bids must compete at the region meet. All athletes receiving automatic qualifiers for the region meet must compete. Automatic qualifying athletes are not eligible to complete a "Declaration of Non-Consideration".
- (5) District meets will adhere to the following prescribed heights and incremental increases until only one jumper remains. Opening heights will be the closest height listed that is at or below the lowest qualified mark from the district meet (one increment lower). Deviation from the prescribed heights shall not be considered for at-large advancement. All heights are listed in meters: High Jump: 1.17, 1.22, 1.27, 1.32, 1.37, 1.42, 1.47, 1.52, 1.57, 1.62, 1.67, 1.72, 1.77, 1.82, 1.87, 1.92, 1.97, 2.02, 2.07, 2.12, 2.17, 2.22 Pole Vault: 1.50, 1.65, 1.80, 1.95, 2.10, 2.25, 2.40, 2.55, 2.70, 2.85, 3.00, 3.15, 3.30, 3.45, 3.60, 3.75, 3.90, 4.05, 4.20, 4.35, 4.50, 4.65, 4.80, 4.95
- (6) Any athlete with a result of a DNS (Did Not Start), DNF (Did Not Finish), DQ (Disqualification) for any reason, NM (No Mark), NH (No Height), or FS (False Start) shall not be eligible for an at-large bid in the event in which the result occurred at the district meet. An athlete must compete and finish an event at the district meet to compete in that event at the region meet, regardless of whether the athlete qualifies automatically or at-large.
- (7) Athlete eligibility to advance is limited to the event(s) they are entered into at the district meet.

If you have any questions about any of the information provided feel free to email [dusty@b3rsports.com](mailto:dusty@b3rsports.com)