

1A District 5 Meet Schedule

8:30 AM	COACHES MEETING
Weigh-ins 9:00-12:00 PM	ALL implements and vaulters must be weighed at this time. Any attempt to use an unchecked implement or vault on a pole under weight will result in disqualification from the event for unsportsmanlike conduct. (See NFHS 4-6 Disqualification and Conduct Article 4) Pole vault weigh in will be at the PV site and all implements will be weighed in at the Oak Hall tent at the finish line.
	<u>Field Events</u>
9:45 AM	Javelin (Girls first / Boys will follow) Pole Vault (Girls first / Boys will follow)
12:00 PM	Long Jump (Girls & Boys) Discus (Boys) Shot Put Finals (Girls)
2:00 PM	Boys High Jump Discus (Girls) Shot Put (Boys) Triple Jump (Girls & Boys) Girls High Jump Para Shot Put (After Boys Shot Put)
	<u>Running Event Finals</u>
9:00 AM	4x800m Girls 4x800m Boys
4:30 PM	Girls 100m High Hurdles Boys 110m High Hurdles Girls 100m Dash Boys 100m Dash Para 200m Girls 1600m Run Boys 1600m Run Girls 4x100m Relay Boys 4x100m Relay Para 800m Girls 400m Dash Boys 400m Dash Girls 300m Low Hurdles Boys 300m Intermediate Hurdles Girls 800m Run Boys 800m Run Girls 200m Dash Boys 200m Dash Girls 3200m Run Boys 3200m Run Girls 4x400m Relay Boys 4x400m Relay
	Team Awards

Field Event Assignments

PV - Branford / St. Francis / Brad P.

LJ(G) - Bell / Ron & Natalie

LJ (B) - Chiefland / Dan Epstein

TJ(G) - Bell / Ron & Natalie

TJ (B) - Chiefland / Dan Epstein

HJ - Trenton/CKS/ Brad P

Discus - St. Francis / Charlie Cerney

Shot Put - Cornerstone / OHS

Jav - Dan Epstein

4x1

1st exchange Ron Norris & Natalie

2nd Exchange Charlie & Dan Epstein

3rd Exchange Brad P & Dusty

4x4

Dan Epstein & Charlie Cerney

Starter

Dennis Amico

Meet Referee

Brad Penny