

Coaches,

Please read over the information below and sign the bottom and bring this with you to the meet. You can turn this in at packet pick up so that you will be marked down as attending the coaches meeting.

Schedule

Gates Open Wednesday	6:30 a.m.
Coaches Meeting	7:30 a.m./ Online
Boys 1A D5	8:00 a.m.
Girls 1A D5	8:50 a.m.
Boys 2A D2	9:30 a.m.
Girls 2A D2	10:10 a.m.
Lunch Break	
Coaches Meeting	2:30 p.m./ Online
Girls 1A D6	3:00 p.m.
Boys 1A D6	4:00 p.m.
Thursday	
Coaches Meeting	8:30 a.m./ Online
Girls 1A D4	9:00 a.m.
Boys 1A D4	9:50 a.m.

-The starting boxes will be listed on <http://b3rsports.com/2020-fhsaa-xc-1a-d4-5-6-2a-d2/>. They will also be on the outside of your packet.

-Half-Mile Timing will be timing, you can pick up your packets with bib numbers and timing chips under the pavilion. You will return the timing chips back to the pavilion after the event. Any missing chips after the event will cost you \$20 per chip and will be billed to your school. We do not want to charge you any money we just want the chips returned.

-The course map you will need to print out before the meet. That can be found on the meet information or on the event page under the Course Map icon.

-Results will be on <http://b3rsports.com/2020-fhsaa-xc-1a-d4-5-6-2a-d2/>

-No cost to get in.

- Awards can be picked up 30 minutes after the race is complete. We will not have an awards ceremony. Just come tell us your name and we will hand you your award.

-Team tent areas: There is plenty of room to spread out, we highly recommend wearing mask when not running.

-We will have ice in case of an emergency, shin splints are not considered an emergency and we will not be wrapping any athletes after the races. If your athletes are used to this, you will need to bring your schools trainer with you.

-Tommie Turner will be our FHSAA starter, if there is a rules question please ask him first. Dusty Smith will be the Meet Official. Any rules questions will need to be directed towards those to individuals.

-For any timing issues please find Dusty or Tommie. Have your discrepancy written down so they can hand it to the timer. Once the timer has evaluated the discrepancy Tommie or Dusty will let you know the outcome.

-Advancement from District to Regionals; top 3 teams and top 4 individuals not on a team will advance on.

4.5.2.3.1 Teams. A team shall be composed of five (5) to ten (10) runners during the district round and five (5) to seven (7) runners during succeeding rounds. Schools that enter fewer than five (5) runners, and schools from which fewer than five (5) runners finish the race, at any Florida High School State Championship Series meet shall not be eligible for team honors. Individual contestants from such schools, however, may earn individual awards.

Please sign this page and bring it with you when picking up your packet so you do not have to attend the coaches meeting. We only need the signed second page not the first page.

PLEASE PRINT!

Printed Coaches First & Last Name

Printed School Name



CROSS COUNTRY FINALS



FHSAA Regionals

3A R3/ 4A R2