



1A, 2A, 3A Region 1
The Oaks Equestrian Center
November 4th, 2017
211 SW Theodore Oconnor Cir,
Lake City, FL 32024
Hosted by B3R Sports
Contact: Dusty Smith
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Coach Information

The course will be open Friday at 2pm until the gates close at 6pm. Please let your parents, grandparents, uncles, cousins anyone who is coming to the region know that we will be charging \$5 for parking and \$7 per person! Coaches please let your parents know that there are **NO PETS** allowed in the park. Any dogs brought into the park will have to remain in a vehicle.

Online Coaches Meeting

After the district meets there will be an online coaches meeting on www.b3rsports.com. Make sure to print this off and bring it to packet pick up.

Parking

There will be a \$5.00 per vehicle charge for spectator parking. Team buses and team vans are free, if a parent has an athlete in the car they still have to pay \$5. Since this is a regional meet we will also be charging \$7 per spectator. **Coaches please make sure your parents are aware of this!**

Schedule

Friday Packet Pick up	2:00 p.m.-6:00 p.m.
Gates Close	6:00p.m.
Gates Open Saturday	5:15 a.m.
Coaches Meeting	7:30 a.m./ Online
Girls 1A R1	8:00 a.m.
Girls 3A R1	8:20 a.m.
Boys 1A R1	8:45 a.m.
Girls 2A R1	9:10 a.m.
Boys 3A R1	9:30 a.m.
Boys 2A R1	9:50 a.m.
Awards	10:10 a.m.

Packet Pick-Up

Packet pick up will start when the course opens Friday at 2:00 p.m. and end at 6 p.m. It will open again Saturday morning at 5:30 a.m. when the gates open. Coaches please make sure you get your packets 30 minutes before your race to ensure enough time to get the timing chips signed out and onto your runner's shoes. Coaches will be in charge of returning the timing chips back where they picked their packets up.

Course

The course is on the rolling hills of The Oaks Equestrian center. The start is nice and wide and the footing is firm on 90% of the course. 10% has some packed sand and the course is 50% shaded. This course runs 15-30 seconds slow.

Custom Mile Markers

We have custom mile markers as well as kilometer markers. The high school has gators while the middle school has little kids as markers.



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Course Maps

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